

# **PARTICIPANT GUIDE**

4/22/22 - 4/23/22



## **EVENT INFORMATION**

### LOCATION:

TIMBER RIDGE RV & RECREATION

RESORT

4050 HAMMOND RD, TRAVERSE CITY.

MI 49686

5K, 10K, 10K RELAY COURSE MAP:

**CLICK HERE** 

25K. 50K. 100K COURSE

MAP:

**CLICK HERE** 

# **EVENT SCHEDULE**

### FRIDAY, APRIL 22, 2022

5:00 PM - 8:00 PM - PACKET PICK-UP

6:30 PM - 5K AND 10K RFI AY

7:00 PM - PARTICIPANT BRIEFING

# SATURDAY, APRIL 23, 2022

6:30 AM - 8:45 AM - PACKET PICK-UP

7:45 AM - PARTICIPANT BRIEFING

8:00 AM - 100K/50K

8:30 AM - 25K

9:00 AM - 10K

# THINGS TO KNOW ROUTES:

5K: ONE 5K LOOP

10K RELAY: TWO 5K LOOPS (ONE PER

PARTICIPANT)

10K: TWO 5K LOOPS

25K: ONE 25K LOOP

50K: TWO 25K LOOPS

100K: FOUR 25K LOOPS

### **COURSE MARKING:**

-THE 25K COURSE (25K, 50K, 100K) IS

MARKED WITH ORANGE FLAGS.

-THE 5K COURSE (5K, 10K, 10K RELAY)

IS MARKED WITH PINK FLAGS.

## PARKING ON 4/22:

GENERAL PARKING WILL BE AT TIMBER RIDGE RV & RECREATION RESORT

PARKING IS FIRST COME FIRST SERVE

CARPOOLING IS HIGHLY

VIEW MAP HERE

#### PARKING ON 4/23:

PRE-PAID VIP PARKING IS AT TIMBER RIDGE RV & RECREATION RESORT VIEW MAP HERE

GENERAL PARKING WILL BE AT COURTADE ELEMENTARY SCHOOL 1111 RASHO RD. TRAVERSE CITY, MI 49696 VIEW MAP HERE

### **SHUTTLE SCHEDULE - 4/23**

- 7:00AM PICKUPS BEGIN AT COURTADE ELEMENTARY
  - O BUSES WILL PICK UP EVERY 15 MINUTES WITH THE LAST RIP HEADING TO TIMBER RIDGE AT 8:45AM
- 10:00AM BUSES WILL BEGIN RETURN SHUTTLES BACK TO COURTADE ELEMENTARY
  - O BUSES WILL LEAVE EVERY 30 MINUTES FROM TIMBER RIDGE OR WHEN BUS IS FULL
- 12:00PM SHUTTLE SERVICE LAST DROP OFF AT COURTADE ELEMENTARY
- 1:00PM RACE DAY EVENTS WILL PROVIDE FURTHER SHUTTLING SUPPORT WHEN NEEDED
  - RACE DAY EVENTS WILL BE PROVIDING SHUTTLE SERVICE FOR PARTICIPANTS EVERY HOUR, UPON THE HOUR
    UNTIL THE FINAL PARTICIPANT IS DONE

### STAGING AREA

FOR PARTICIPANTS RUNNING THE <u>50K OR 100K</u> AND PLANNING ON SETTING UP A STAGING AREA, YOU MUST ADHERE TO THE FOLLOWING GUIDELINES PER THE TRAVERSE CITY FIRE CODE:

- ALL TENTS MUST BE SET UP BEFORE 10AM ON FRIDAY (4/22) FOR INSPECTION BY THE TRAVERSE CITY FIRE MARSHAL
- MAX OF (2) 10X10 TENTS OR STRUCTURES PER PARTICIPANT
- WEIGHTS AND STAKES ARE NOT PROVIDED BY RACE MUST BRING YOUR OWN
- CHECK-IN WITH EVENT STAFF FOR SET-UP LOCATION FRIDAY MORNING